



# SKEGNESS INFANT ACADEMY

**Executive Principal:** Mrs R Pryme

Cavendish Road, Skegness, Lincs PE25 2QU

**Telephone:** 01754 762059

**email:** [cdixon@skegnessinfantacademy.org](mailto:cdixon@skegnessinfantacademy.org)

**Website:** [www.skegnessinfantacademy.org](http://www.skegnessinfantacademy.org)



@SkegInfantAcad

Dear Parents and Carers,

We are writing to inform you of some changes to the Relationship and Sex education (RSE) curriculum that will impact on the teaching and learning of RSE in our Academy.

In foundation stage and key stage 1 RSE consists of lifelong learning about physical, moral, social and emotional development and aspects of growing up. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. Some aspects are taught in science and others are taught as part of personal, social, health and economic education (PSHE).

The aim is :

- To enable children to understand and respect their bodies, and be able to cope with the changes that occur as they grow up, without fear or confusion.
- To help children develop positive and healthy relationships appropriate to their age, development etc. (respect for self and others)
- To support children to have positive self-esteem, and to understand the influences and pressures around them.
- To empower them to be safe and safeguarded.

At Skegness Infant Academy we teach PSHE through the jigsaw programme and RSE is covered in the Changing me and Relationships sections. The Jigsaw Relationship and Sex Education units of work aim to give children their entitlement to information about relationships appropriate to their ages and stages of development. This work is treated in a matter-of-fact and sensitive manner to help children to cope with change and to learn about families, friendships and healthy relationships. The 'Changing Me' unit is taught over a period of 6 weeks in the second half of the summer term. Each year group will be taught in an age appropriate manner. Any questions that the children have will be answered factually and at a level that they can understand. Please note: at no point will a child be taught something that is inappropriate and parents will be informed when RSE will be taught through curriculum letters.

The Jigsaw RSE curriculum is as follows

Nursery and Reception- Growing up: how we have changed since we were babies.

Year 1- Boys' and girls' bodies; identify the parts of the body that make boys different to girls and using the correct names for these.

Year 2- Boys' and girls' bodies; respecting my body and understanding which parts of the body are private. Recognising the physical differences between boys and girls and using the correct names for the parts of the body.

If you have any queries about the content of the programme or resources used, please do not hesitate in contacting us at school. We are happy to provide all materials that we will be using for you to browse through should you so wish.

Yours sincerely

Mrs R. Pryme

Mrs. Pryme  
Executive Principal

**One of the Greenwood Dale Foundation Trust Group of Academies**

