

Skegness Infant Academy

PE Long Term Planning 2018/ 19 Foundation stage/ KS1

	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Foundation Stage	Playground games Yoga		Fundamental movement skills		Bat and ball skills		Spatial awareness and FMS		Multi skills		Sending and receiving (coordination)	
Year 1	Invasion Games-related to football skills	Active Playground games	Gymnastics	Dance	Bat and ball skills	Zumba	Invasion games-hockey skills	Gymnastics	Multi skills	Dance	Throwing and catching skills	Team games and OAA
Year 2	Invasion Games-related to football skills	Active Playground games	Gymnastics	Yoga	Bat and ball skills	Dance	Invasion games-hockey skills	Zumba	Athletics	Dance	Throwing and catching skills	Team games and OAA
			Swimming – class 9		Swimming – class 10							