

Skegness Infant Academy

PE Long Term Planning 2017/ 18: Foundations/ KS1

	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Foundation Stage	Ball skills Dance		Fundamental movement skills		Bat and ball skills		Spatial awareness and FMS		Sending and receiving (coordination) Zumba		Multi skills	
Year 1	Invasion Games-related to football skills	Fitness and health	Gymnastics	Active Playground games	Bat and ball skills	Dance-Zumba	Invasion games-hockey skills	Gymnastics	Throwing and catching skills	Dance	Multi skills	OAA and team games
Year 2	Invasion games-hockey skills	Fitness and health	Gymnastics	Active Playground games	Bat and ball skills	Gymnastics	Invasion Games-related to football skills	Dance-Zumba	Throwing and catching skills	Dance	Athletics	OAA and team games
	Swimming – class 9		Swimming – class 9		Swimming – class 10		Swimming – class 10		Swimming – class 11		Swimming – class 11	